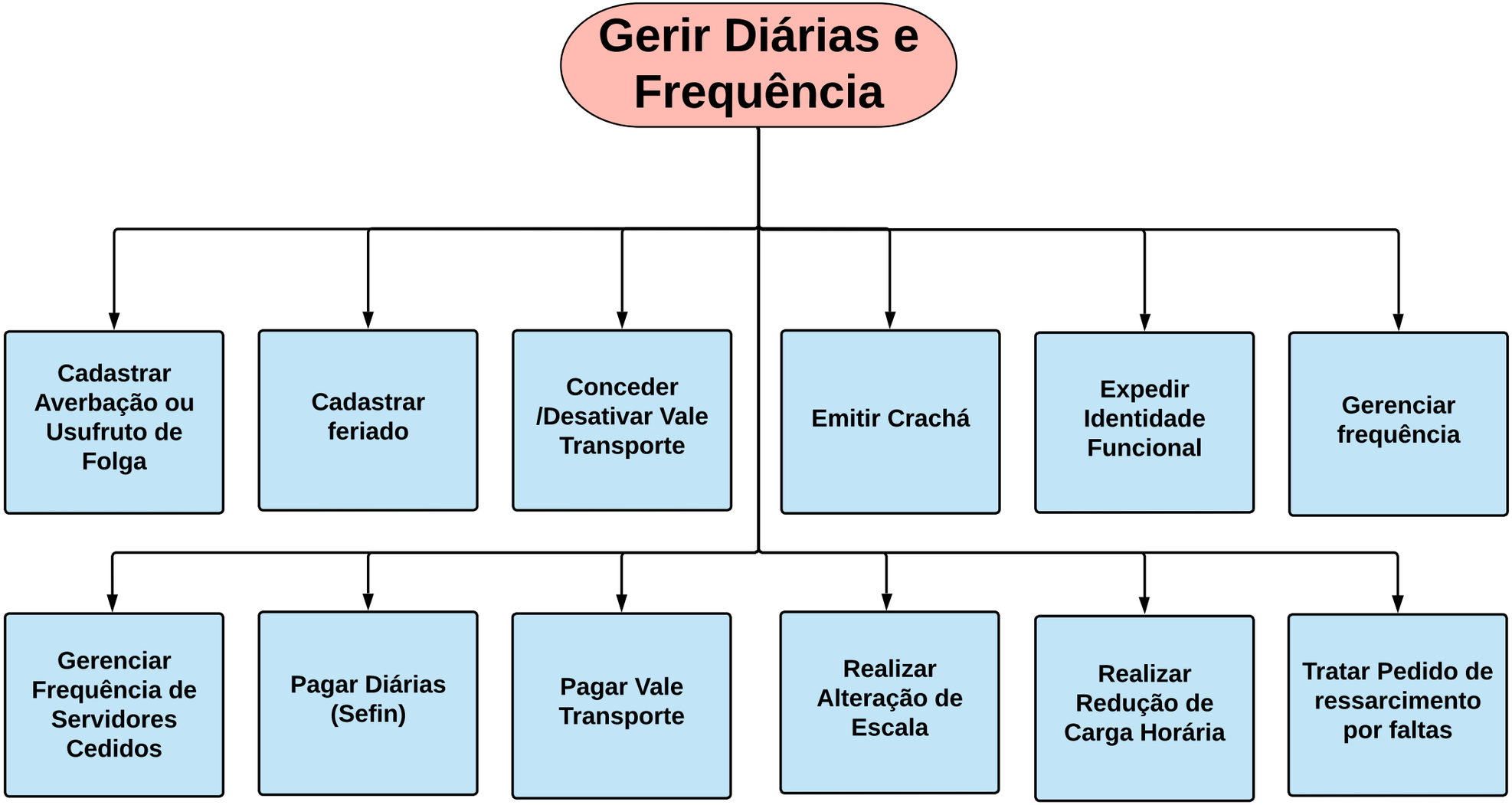Serviço de Diárias e Frequência